

AMENDED SET OF CLAIMS

Please amend the claims as follows:

1-3. (Cancelled).

4. (Currently Amended) A method for ameliorating ~~or preventing~~ mood disorders comprising

administering ~~the~~ an effective amount of a composition of claim 1 or 2 comprising theanine to a person in need thereof.

5. (Currently Amended) A method for ameliorating ~~or preventing~~ a symptom of a mood disorder, wherein said symptom is at least one symptom selected from the group consisting of depressed mood, feelings of guilt, suicide, retardation: psychomotor, and diminished insight according to the assessment method by the Hamilton scale, comprising

administering an effective amount of ~~the~~ a composition of claim 1 or 2 comprising theanine to a person in need thereof.

6. (New) The method of claim 4, wherein said composition is administered as a food or beverage.

7. (New) The method of claim 5, wherein said composition is administered as a food or beverage.

8. (New) The method of claim 5, wherein said symptom of a mood disorder is depressed mood.

9. (New) The method of claim 5, wherein said symptom of a mood disorder is feelings of guilt.

10. (New) The method of claim 5, wherein said symptom of a mood disorder is suicide.

11. (New) The method of claim 5, wherein said symptom of a mood disorder is retardation: psychomotor.

12. (New) The method of claim 5, wherein said symptom of a mood disorder is diminished insight.